

PSYCHEDELIC
BREATH®



PSYCHEDELIC
BREATH®

2023

ABOUT Kornelia Schwitzer

KORNELIA HAS BEEN WORKING FOR 20 YEARS IN THE FIELD OF HOLISTIC RITUALS, ANCIENT HEALING KNOWLEDGE AND SPECIAL TECHNIQUES TO HELP PEOPLE FIND THEIR FLOW AND CHANGE THEIR CONSCIOUSNESS.

SHE IS THE FOUNDER OF SILBERQUARZIT® EXPERIENCE - RITUALS AND MEDITATIONS FOR BODY AND SOUL.

AS THE FIRST PSYCHEDELIC BREATH® TEACHER IN ITALY, SHE WORKS MAINLY IN THE UPSCALE HOTEL INDUSTRY, AT INTERNATIONAL EVENTS OR FOR COMPANIES.





ABOUT PSYCHEDELIC BREATH®

PSYCHEDELIC BREATH®
is a dynamic & powerful breathing method that can
help you to dive into deeper layers of yourself.

This technique, developed by Eva Kaczor, combines
ancient breathing techniques based on research and
the art of electronic music tracks.

The combination of ancient breathing techniques,
meditation and the accompaniment of electronic
music has the power to give you access to higher
levels of consciousness.



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FOUNDED BY EVA KACZOR IN 2017...



... PSYCHEDELIC BREATH BY NOW IS TAUGHT IN 16 COUNTRIES

BY OVER 150 TEACHER



DYNAMIC BREATHWORK X ELECTRONIC MUSIC X PURPOSE

USE YOUR BREATH TO EXPLORE YOUR PURPOSE

PSYCHEDELIC BREATH® is a dynamic breathwork ritual, designed to explore a sober psychedelic state and guidance into how to live your purpose.

ANCIENT BREATHWORK & CONTEMPORARY SCIENCE

Developed by Eva Kaczor, it combines ancient breathing techniques with the knowledge of contemporary science and the art of electronic music.

ELECTRONIC MUSIC

We collaborate with artists such as Acid Pauli to create special electronic soundtracks and journeys.

BOTH, DEEP BREATHING AND ELECTRONIC MUSIC HAVE THE POWER TO LET YOU TAP INTO A HIGHER STATE OF CONSCIOUSNESS.



THE EFFECTS

EMOTIONALLY:
SELF-HEAL NEGATIVE EMOTIONS - FEEL EMPOWERED

MENTALLY:
VISIONARY AND CREATIVE STATES & SILENCE THE INNER
CRITIC

PHYSICALLY:
BOOST RESILIENCE & RELEASE STRESS

SPIRITUALLY:
NON-ORDINARY STATES & FEELING CONNECTED





"I FELT LIKE
ARRIVING HOME
WITHIN MY SOUL.

A SENSE OF PURE
PURE BELONGING
AND THE POWER OF
ALL POSSIBILITIES
WITHIN MYSELF."

"I GOT INTO A "FLOW"
STATE, I STOPPED
THINKING.
I FELT SO MUCH
POWER AND
FREEDOM WITHIN ME
- AS I COULD REACH
EVERYTHING
I WANT."

"I FOUND A
BEAUTY INSIDE OF
ME THAT I ONLY
EXPERIENCED
ON PSILOCYBIN
BEFORE"

"IT WAS PRETTY LIFE-
CHANGING. I'VE
STUDIED IN SO MANY
FORMS OF MEDITATION
AND HAVE DONE
THERAPEUTIC PLANT
MEDICINE...

NOTHING LIKE MY
EXPERIENCE DOING
BREATHWORK WITH
EVA."



HOW IT FEELS

2022

OUR VALUES

- . PURPOSE
- . INSPIRATION
- . HIGHER CONSCIOUSNESS
- . CONNECTION
- . EMPOWERMENT
- . SELF-HEALING
- . BEAUTY
- . COMMUNITY

PSYCHEDELIC
BREATH™



2023



HOW PSYCHEDELIC BREATH CAN SUPPORT YOUR WORK AND TEAM

WHERE TO PLUG IT IN

TEAM BUILDING EVENTS

- + PSYCHEDELIC BREATH® as a mindfulness / mental health team event
- + in-person or online
- + releasing stress, creating trust and connection

INNOVATION OFFSITES / WORKSHOPS

- + PSYCHEDELIC BREATH® as a mind opener for more creative and innovative thinking
- + as connection and emotional processing tool within Offsites

COMPANY EVENTS

- + Health Days
- + Company special events or conferences



EXPERIENCES THAT KORNELIA CREATED WITH COMPANIES



May 2023, Fairmont Mayakoba 5*, Mexiko,
T-Fest, daily Morning Meditations



EXPERIENCES THAT KORNELIA CREATED WITH COMPANIES



July 2023, UNESCO World Heritage, Lake
Braies, Dolomites, Teamleader My tour



EXPERIENCES THAT KORNELIA CREATED WITH COMPANIES



Oct 2023, Tenne Lodge 5*, South Tyrol,
Leader of MICE Academy Germany



2023

SOME OF THE PARTNERS PSYCHEDELIC BREATH® WORKED WITH



Porsche Digital





WEB SUMMIT LISBON

PORSCHE

THE EXPERIENCE

PSYCHEDELIC BREATH® sessions at the Porsche booth at Web Summit.

- + 4 days
- + Breathwork sessions for guests & press
- + Panel talk with Eva about HOW TO RE-IVENT YOURSELF





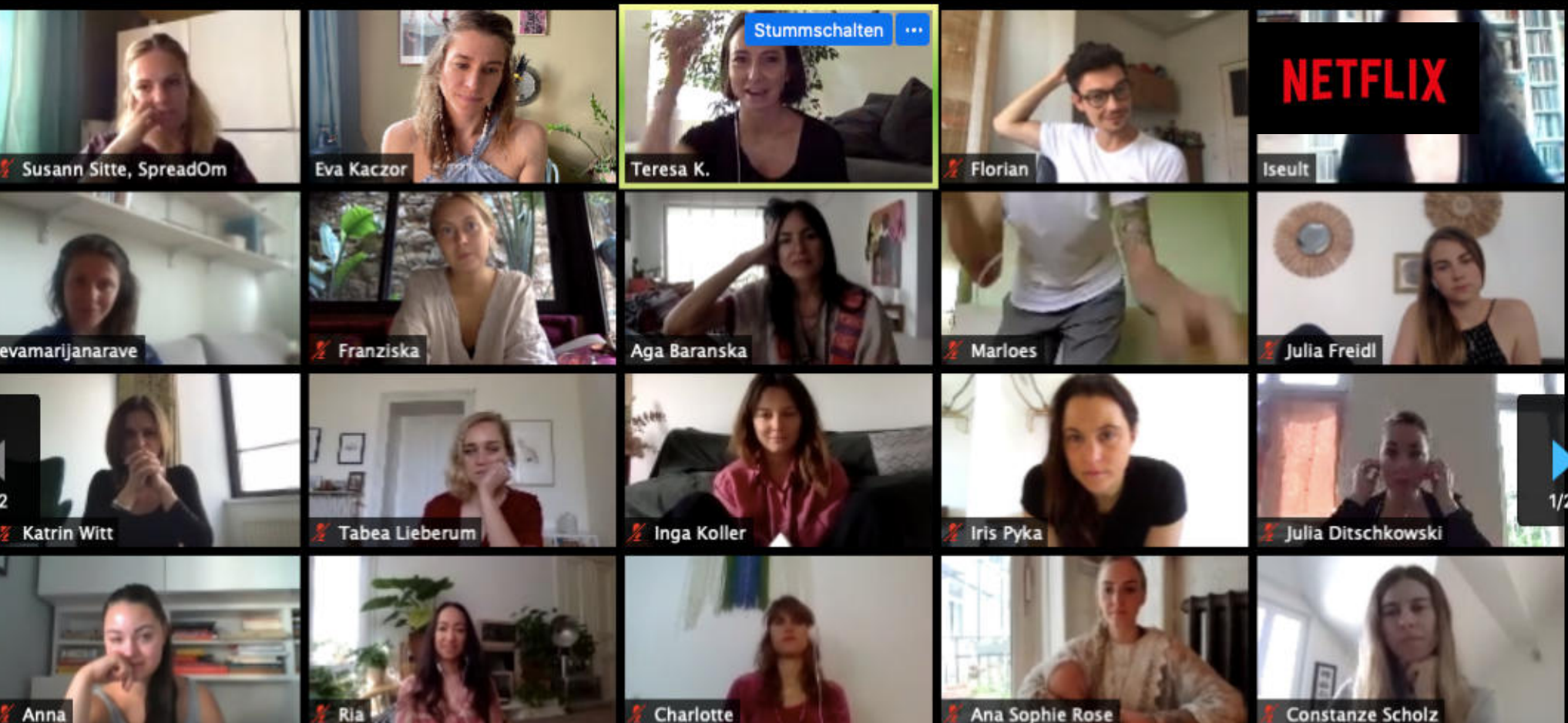
Morning Breathwork Session

GOOGLE SF

THE EXPERIENCE

- + Morning Breathwork Routine Workshop
- + Mini PSYCHEDELIC BREATH® session at the Google Office in San Francisco



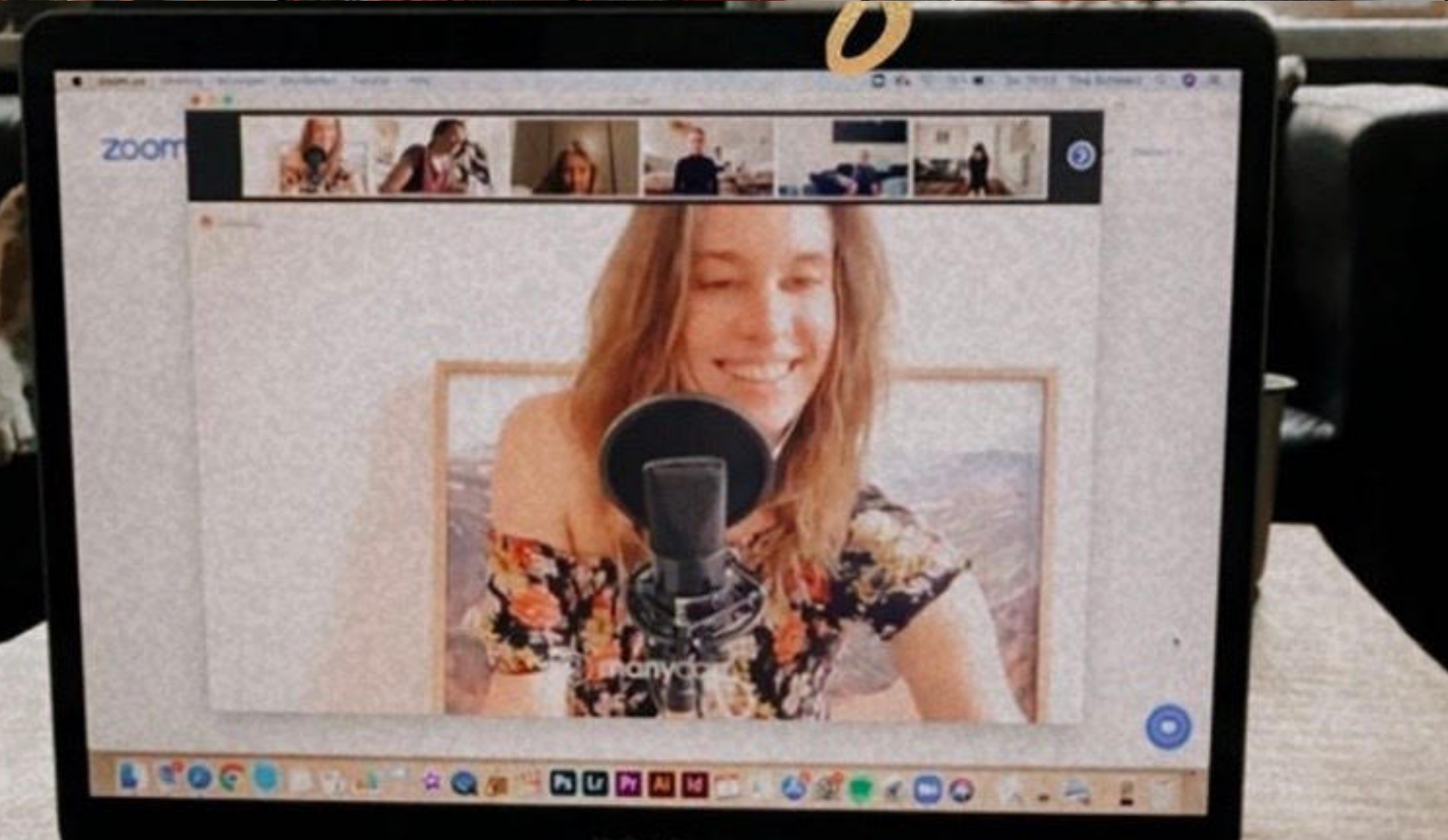


TEAM EVENT ONLINE NETFLIX

THE EXPERIENCE

PSYCHEDELIC BREATH® online event for
the Netflix DACH team.

- + 90min session
- + connecting the team members
- + emotional and mental health



2023

LETS CONNECT TO CO-CREATE



KORNELIA SCHWITZER

PEACE FIRST

SOUL EXPERIENCE GUIDE

TAILORMADE GROUP SESSIONS

FOUNDER SILBERQUARZIT

EXPERIENCE

PSYCHEDELIC BREATH

TEACHER

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